Sample Learning Plan #1

How can I be more effective in vaccinating children with flu vaccine?

Learning Category: Immunization, Infectious Disease
Status: In Progress

Resources / Learning Strategies:
1. Other resources published by the AAP (including the Red Book and CISP)
2. Influenza resources from the CDC’s flu site
3. PL Hot Topic “Influenza Vaccines”
4. PubMed search
5. AAP’s “Recommendations for Prevention and Control of Influenza in Children, 2009-2010”
6. Discussion with colleagues

Solutions / What I learned:
The following “special groups” are recommended first as top priority for influenza A (H1N1) 2009 monovalent vaccine:
- Pregnant women
- Household contacts of infants under 6 months
- Health care workers and emergency service personnel who provide direct patient care or have contact with infectious substances
- All children 6 months through 4 years of age
- Children 5 through 18 years of age with chronic medical conditions (e.g., asthma and neurological disorders) that increase their risk for complications from the flu.

None of the influenza vaccines licensed and distributed in the U.S. contain an adjuvant. The current vaccines are being made the same way that seasonal influenza vaccines have been made for years.

Children 10 years and older should receive one dose of the influenza A (H1N1) 2009 monovalent vaccine. This is in slight contrast to seasonal influenza vaccine, where children 9 and older need only one dose. Harmonizing these two recommendations is being explored.

Children younger than 10 years should receive two doses of influenza A (H1N1) 2009 monovalent vaccine, separated by 4 weeks.

Vaccines should be administered in accordance with FDA-approved labeling.

This year the demand for the influenza vaccine is predicted to be higher than last year. It is estimated that 114 million doses of seasonal influenza vaccine have been made.

Expected Impact on Practice:
A greater percentage of my patients will be appropriately immunized against influenza.

Measured Impact on Practice:
To be determined

Competencies Addressed:
1. Patient Care
2. Medical Knowledge

Projected Completion Date: 10/1/2010
Last Modified: 4/6/2010
## Sample Learning Plan #2

### Topic / Question / Objective
How Can I Effect Change in My Organization?

### Learning Category
Other

### Status
In Progress

### Resources / Learning Strategies
1. 2: Read article in Harvard Business Review by Kotter, Leading Change: Why Transformation Efforts Fail
2. 3: Listened to Book On Tape, Leading Change by John P. Kotter to better understand 8 steps in transforming an organization.
3. 1: Complete Pediatric online module: Pediatric Leadership Alliance (learned about work by Kotter)
4. 4: Discussed what I am learning with leadership team

### Solutions / What I learned
1. Differentiation between management and leadership – focus on establishing direction, aligning people and motivating and inspiring to be a leader instead of a manager
2. Eight Steps in Transforming An Organization (establishing a sense of urgency, forming a powerful guiding coalition, creating a vision, communicating the vision, empowering others to act on the vision, planning for and creating short term wins, consolidating improvements and producing still more change, institutionalizing new approaches
3. In depth approaches for leading change at each of the eight steps

### Expected Impact on Practice
1. Change in receptiveness to organizational change within my section and 2. short term "wins" or visible performance improvements within our section around chosen areas.

### Measured Impact on Practice
To be determined

### Competencies Addressed
1. Interpersonal and Communication Skills

### Projected Completion Date
9/1/2010

### Last Modified
4/6/2010
<table>
<thead>
<tr>
<th>Topic / Question / Objective</th>
<th>Does leaving a car window open a crack make it less warm for an infant left in a car?</th>
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<tbody>
<tr>
<td>Learning Category</td>
<td>Childcare, Patient Safety</td>
</tr>
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<td>Status</td>
<td>In Progress</td>
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</tbody>
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| Resources / Learning Strategies | 1. Obtain parent education materials that address car safety.  
|                              | 2. Discuss with colleagues about their approach to this issue and about practice management strategies.  
|                              | 3. Find out the status of state laws related to endangering the life or health of a child by leaving him or her unattended in a motor vehicle.  
|                              | 4. Conduct literature search for studies that address automobile safety, temperature/heat stress, and infants/children. |
| Solutions / What I learned | Best materials from search:  
|                              | These references provide sufficient information to conclude that leaving windows open a little does not significantly decrease how hot it gets inside a motor vehicle.  
|                              | Parent guide from AAP includes statement “Never leave your child alone in or around cars. Any of the following can happen when a child is left alone in or around a vehicle: Temperatures can reach deadly levels in minutes, and the child can die of heatstroke...”  
|                              | Colleague in my practice mentions that there are no laws in our state but neighboring state of Michigan enacted a law earlier this year that makes it illegal to leave any child 13. Approximately 10 states have similar laws to date.  
| Expected Impact on Practice | 1. Take better steps to educate parents about the potential hazards of high temperature in parked cars while providing parents with other car-related anticipatory guidance (car seat information, etc)  
|                              | 2. As a practice, we will incorporate this into our standard anticipatory guidance and parent education materials. |
| Measured Impact on Practice | In depth approaches for approaching each of the eight steps - would change to - In depth approaches for leading change at each of the eight steps. |
| Competencies Addressed      | 1. Medical Knowledge  
|                              | 2. Practice Based Learning and Improvement |
| Projected Completion Date    | 5/30/2010                                                                       |
| Last Modified               | 4/5/2010                                                                         |